

Trading must be one of the industry with the highest rate of failure, Why do few traders succeed?

A Day in the life of Jay Lakhani - A video tutorial with chart examples of real trades is illustrated in this video. Jay goes through a step by step approach, on how he conducted a live trading session on Friday 27<sup>th</sup> April 2007.

<http://www.4x4u.net/review/76/76.html>

I have always said, that your approach to trading must be quiet simple. The less complicated you make things the less trades can go wrong. Mastering trading must be a simple process, provided you are disciplined to follow your methodology.

In Forex there are no secrets, or indeed no forex codes to crack! The holy grail lies in devising a simple methodology and applying it time after time – that is your holy grail.

There are vast opportunities that exist from profiting from trading forex – once you know what to do, why to do and when to do, and follow your trading plan ruthlessly.

This trading video does focus extensively on trader psychology and also methodology.